

Putting Parents at the Heart of Waterloo

## What to do in Waterloo May - June 07

### New Family Support Programme

Families and childcare professionals in SE1 are able to benefit from Coin Street family & children's centre's holistic Family Support Programme. Launched earlier this year, the programme includes practical courses and workshops for parents and carers. The courses and workshops are free or affordable. Topics covered include discipline; how to reduce problem behaviour; identifying ways to tackle bullying; early literacy, and even baby massage.

The workshops aim to empower parents with practical skills and strategies to help them and their families. Separate sessions on anti-harassment and bullying are set up for associated professionals.

Alongside these workshops and courses there are regular weekly free drop-in sessions for parents/carers at the Coin Street family & children's centre (99A Upper Ground). Every Thursday (1.30-3.30pm) is **Family Learning** - pre-school support sessions from experienced parents and professionals with play refreshments, good company and a different topic each week. On Fridays is **Childminder/Parent** drop in with play activities and refreshments for parents/carers with pre-school age children.

The programme is continually developing to become a highly comprehensive range of support and advice services for parents, families and professionals. Working with Guy's and St Thomas' Specialist Midwifery Services, the Centre for Literacy & Primary Education and the National Literacy Trust, the programme has recently introduced a post-natal parenting course (starting 4 July), an Early Literacy Course (starting 24 April) as well as Reading is Fundamental sessions (from 18 May).



The Family Support Programme is an integral part of the development of the Coin Street family & children's centre [the designated children's centre in the area] and has been established in preparation for the opening in September of the new £9.4m neighbourhood centre on Stamford Street.

For further information on any of the courses and to book please contact Rahi Jahan on 020 7592 2910 or email [r.jahan@coin-street.org](mailto:r.jahan@coin-street.org)  
[www.coinstreet.org](http://www.coinstreet.org)

### Waterloo Parents Network

Friday 18th May 07

4pm -6pm

@

Mezzanine Room

The Waterloo Action Centre

**Crèche and light refreshments will be available, ring to book a place.**

Contact Julie Reynolds, WCDG, 7633 9291 or [julie.reynolds@wcdg.org.uk](mailto:julie.reynolds@wcdg.org.uk)



## Editorial by Bridget Virden

Every cloud has a silver lining and for the past two years Julie Reynolds has been ours. Living in this area can be hard, with over crowded small flats and lots of traffic but Julie has created an invaluable link between the world class facilities for culture and the arts we have on our doorsteps and families in SE1.

This has opened up the Southbank for local families in new and exiting ways that are child and parent friendly.

Yesterday my daughter jumped out of bed and shouted "Got to get up today is poetry club". We have been going to "Poetry Explorers" the after school club run by the Royal Festival Hall Poetry Library on a Wednesday and she loves it.

The club came about because of work by Julie and will hold its first session at the reopened Royal Festival Hall Poetry Library on the Wednesday 4th July @ 4pm.

This will be a free, frequent after school club for all children in and around the Southbank to read, meet authors, borrow books and form new friendships.

Giving local parents and children a chance to meet others and work together has for me, been the most important part of Julies project, if anything this should be seen as her "legacy "to the area its the way she has developed friendships and parent power.

It is now up to us to keep projects like Club Cinema-tastic, and Poetry Explorers going and getting better and better, we will only be able to do this by working together.

## Parent Baby Screenings

A great legacy for the Parents & Providers Project is that Parents, babies & toddlers will have special screenings at the BFI on the Southbank.

There is a place to park buggies, you can take food for your children in, toddlers can run around, parents will be able to change babies in the isles and all staff are CRB checked.

The NFT are keen to get feed back about this and future events and hope to have a parent group to help them do this. Justin Johnson and other staff members will be around at the screenings and will be glad to take your comments and ideas.

### Parent and Toddler screenings—all at 11am

**Monsters inc** - Wed 16 May at 11am - NFT2.

**The Cat Returns** - Wed 13th June at 11am- NFT2

### Parent and Baby screenings—all at 11am

**A Room for Romeo Brass** - Wed 30th May - NFT2

**The Piano** - Wed 20 June at 11am - NFT2



These are noisy screenings and admission is only for adults accompanied by baby/toddler. **Tickets are £2 each and babies/toddlers go free.**

## Your Waterloo

Waterloo Community Development Group, is your local planning group, scrutinising planning applications and making suggestions and/or objections on your behalf.

We hold a public meeting every 6 weeks where we share information on what is taking place and invite developers and other experts to give presentations and answer questions.

**Next WCDG Public Meeting**  
**Wednesday 6th June 2007**  
**Waterloo Action Centre 7–9pm**  
**Special Meeting**  
**Wednesday 11th July 4-6pm**  
**Waterloo Action Centre**  
*Creche provided please ring to book a place.*



# DIARY DATES

## May 07

Sat 12th Sun 13th	1.00—5.00pm <b>Imperial War Museum</b> - Now you see me now you don't— take inspiration from the natural world to create camouflage for the military.
Sat 12th	12-7pm <b>Synergy Family Gathering—The synergy centre Farmers rd SE5 OTW</b> Discover have fun & learn a day of activities and workshops story telling, drumming, etc—5-11years
Wed 16th	11am <b>Special screening Parent Toddler Cinema MONSTERS INC National Film Theatre 2 BFI Launches parent baby cinema £2.00 per adult babies &amp; toddlers go free</b>
Wed 16th	1.30—4.00pm <b>Baby &amp; You Drop-in Buffer Bear Neighbourhood Nursery</b> Friendly parent led drop in for parents with babies 0-18 months Contact 020 7633 9291
Fri 18th	4pm -6pm <b>Waterloo Parents Network meeting.</b> 4pm at Waterloo Action Centre, 14 Baylis Road, SE1. Friendly atmosphere, light refreshments and <b>free crèche</b> . Catch up on what's been happening and what's going to happen . Contact 7633 9291. <b>Free</b>
Sat 19th	11.30-2.30 - <b>In Their Shoes — Imperial War Museum</b> see the museums fantastic artefacts and a chance to find out about the people behind them.
Wed 23rd	1.30—4.00pm <b>Baby &amp; You Drop-in Buffer Bear Neighbourhood Nursery</b> Friendly parent led drop in for parents with babies 0-18 months Contact 020 7633 9291
Fri 25th Mon 28th	11am-5pm <b>The great turbine challenge—Tate Modern</b> Hugely popular 3000 square foot board game runs on all 4 days. Fab fun for all the family.
Sat 26th Sun 27th	<b>All day — May Trails &amp; Prizes - Florence Nightingale Museum SE1</b> fun activities for all the family 020 7620 0374
Wed 30th	11am <b>Special Parent baby screenings - A room for Romeo Brass Film BFI</b> launches Parent Baby cinema National Theatre Southbank £2.00 per adult babies go free

# DIARY DATES

## June 07

<b>Fri 1st</b>	10am - 5pm <b>The magnificent 12 The Livesey Museum for Children, 682 Old Kent Rd SE15 1JF</b> , The Livesey reflects its unique position of being the only museum designed for children up to the age of 12 by taking a colourful and expansive look at numbers one to 12. <b>020 7635 5829</b>
<b>Sat 2nd</b>	1-7pm <b>AN ENGLISH CEILIDH</b> Bernie Spain Gardens, Upper Ground, South Bank, London SE1 (next to Oxo Tower Wharf) <b>FREE 020 7401 2255</b>
<b>Sat 2nd</b>	11-1pm <b>Hands on Family workshops Horniman 100 London Road, Forest Hill SE23</b> explore a different theme each weekend from toys to masks to puppets, animals and Africa. Each session starts with a short introductory talk .
<b>Wed 6th</b>	1.30-4.00pm <b>Baby &amp; You Drop-in Buffer Bear Neighbourhood Nursery</b> Friendly parent led drop in for parents with babies 0-18 months <b>Contact 020 7633 9291</b>
<b>Sun 10th</b>	<b>All day-Open Farm Sunday</b> farms across the country will be open today, so dig out your wellies and spend a day in the fresh air. Each farm will have its own activities including farm walk, nature trail, tractor & trailer rides, pond dipping, activities for kids, mini farmers market or picnics. <b>02476 413911</b>
<b>Wed 13th</b>	1.30-4.00pm <b>Baby &amp; You Drop-in Buffer Bear Neighbourhood Nursery</b> Friendly parent led drop in for parents with babies 0-18 months <b>Contact 020 7633 9291</b>
<b>Sat 16th</b>	12-4pm <b>Open day-Coin Street Family &amp; Children's Centre 99a Upper G9round, South Bank, London SE1 9PP</b> all parents & carers welcome healthy living, cooking sessions, advice & information <b>Guy Hanscombe 020 7593 1567</b>
<b>Sat 16th</b>	1-7pm <b>Pulse-Bernie Spain Gardens</b> Eastern European sounds on the south bank. Join the party, good food, music, art & street entertainment.
<b>SUN 17th</b>	2-7pm <b>Celebrating Sanctuary- Bernie Spain Gardens</b> Kicking of refugee week 2007. Showcasing the work of musicians, artists, dancers & storytellers. Activities & workshops for all the family
<b>Thurs 22nd</b>	12.30-4pm <b>Waterloo Flower Festival Millennium Green SE1</b> Come join us for the procession, get your face painted and join in all our fantastic activities
<b>Sat 24th</b>	1-5pm <b>Vauxhall Summer Fair-Vauxhall Park</b> face painting, stalls, games & activities at this event for all the family

# WHAT'S ON IN WATERLOO

<b>EVERY WEEK</b>	<p><b>Breakfast Club</b> 7.30- school start, <b>After School Club</b> 4pm - 6pm <b>ALL WEEKDAYS</b>          term time 4- 11's <b>£3.50 per session.</b> <b>Day Nursery</b> 18mths—5 years All Weekdays          (Contact re: fees) Coin Street Family &amp; Children's Centre (CSFCC) 9a Upper G9round,          South Bank, London SE1 9PP <b>Guy Hanscombe 020 7593 1567</b></p>
	<p><b>Parent &amp; Toddler Play</b> 10am-12.00 <b>ALL WEEK DAYS</b>          Open Access Adventure play Ground The Play Space, Coral St SE1  <b>020-7926-8440</b></p>
	<p><b>One O'clock Club</b> 12.30-4pm <b>ALL WEEK DAYS</b>          Indoor/outdoor play drop-in Geraldine Mary Harmsworth Park</p>
<b>MONDAY</b>	<p><b>Jazz dance Classes</b> 10.30-11.30am <b>£2</b>          Get fit and learn some new moves—women only -babies welcome</p>
	<p><b>Whippersnappers</b> (fortnightly) 2-3pm - <b>Term time only FREE</b>  <b>0-5 years</b> Zany classes using African drums, puppets original beat songs, dressing up,          props . Coin Street Family &amp; Children's Centre (see above) <b>Rahi 7593 2910</b></p>
	<p><b>Family links 'Ozone'</b> 4.30- 5.30 pm <b>Term time only FREE</b>          IT &amp; Art club 4-11year olds + parent or carer City of London Boys School. Meet at          OXO tower outside 'Eat' café at 4pm <b>Martin 078888 87995</b></p>
<b>TUESDAY</b>	<p><b>Professional Advice &amp; Skills Development</b> 10am -1pm <b>FREE</b>          One to one advice &amp; support on a range of issues from Lynn Soussi MHS          Waterloo Job Shop Lower Marsh SE1</p>
	<p><b>Your Story After School Club—Colombo Centre.</b> 4pm—5pm. <b>Free</b>          Please Contact Darren on <b>0788 88 297 54</b></p>
<b>WEDNESDAY</b>	<p><b>Parent &amp; Toddler Time</b> 10am-12.00 <b>Term time only</b>          Drop-in The Play Space, @ Living space Coral St SE1          In and outdoor play for babies &amp; toddlers.  <b>Paulette 020 7803 0988</b> <b>£1 includes healthy snack</b></p>
	<p><b>Waterloo Baby &amp; You Group</b> 1.30-3.30pm          Coffee, cake, chat and chill. Parents and carers with children 0-18 months          Health visitors. Buffer Bear Neighbourhood Nursery 21 Frazier St, SE1  <b>Julie Reynolds 020 7633 9291</b> <b>FREE</b></p>
	<p><b>Southside Kidz—6.30—8pm</b> <b>Term Time Only,</b> <b>Admission 50p</b>          Activities, table football, snooker and other youth led activities or just hang with          friends.—Coin Street Family &amp; Children's Centre  <b>Contact Martin 078888 87995</b></p>

# WHAT'S ON IN WATERLOO

<b>THURSDAY</b>	<p><b>Hullabaloo! Mother &amp; Toddler 10.15- 11.45am</b> Imaginative play, crafts and singing in a safe and friendly space Christchurch &amp; Upton Chapel (opposite Lambeth North tube) Becky 020 7633 2090</p>
	<p><b>Bangladeshi Mother &amp; Toddler 12noon-2.30pm</b> Waterloo Action Centre,14 Baylis Road Meena 020 7261 1651 FREE</p>
	<p><b>Family Learning Sessions 1.30 -3.30pm FREE</b> Pre- School support for families refreshments &amp; good company Coin Street Family &amp; Children's Centre Rahi 7593 2910</p>
	<p><b>Contact a family (first Thursday of every month) FREE</b> Support for families and children with disabilities Coin Street Family &amp; Children's Centre Rahi 7593 2910</p>
<b>FRIDAY</b>	<p><b>Play and stimulation group 10- 11.30 am</b> New born - 2 years Centenary Hall, cottington Street ,London, SE11 Lyndsey or Maria 020 7411 5679 FREE</p>
	<p><b>Child minder/ parent drop in drop-in. 10-12am</b> An opportunity for parents to meet with childminders. Coin Street Family &amp; Children's Centre Guy Hanscombe 020 7593 1567 FREE</p>
	<p><b>Toddler Story 10.30am-12noon Term time only</b> North Lambeth Library, 114 - 118 Lower Marsh 020 7926 8750 FREE</p>
	<p><b>Your Story After School Club -Colombo Centre, 4-5pm. Free</b> Please Contact Darren on 0788 88 297 54</p>
<b>SATURDAY</b>	<p><b>Gingerbread Waterloo 12.30-2.30 pm</b> Activities and outings for lone parent families Archbishop Sumner Primary School Reedworth St SE11 FREE Arifa 020 8556 3385 contact before attending</p>
	<p><b>Stay and Play Club 2pm-5pm Saturdays term time</b> (0-7 year olds with parents or carers) Coin Street Family &amp; Children's Centre Fun Activities Laura 020 7593 3003 Suggested donation £2.00 per family</p>
<b>SUN</b>	<p><b>Soccer Tots 10am -11am ages 3,4,5yrs 11-12noon ages 6&amp;7yrs</b> Hatfields Astroturf pitches Colombo centre 020 7261 1658 £1.00</p>

# PARENTS & PROVIDERS PROJECT

## A to Z of Useful contacts

### ALCOHOL

Alcoholics Anonymous 0845 7697 555  
Drinkline 0800 917 8282

### BEREAVEMENT

Child Death Helpline 0800 282986  
The Compassionate Friends (0117) 953 9639  
Cruse Bereavement Care 0870 167 1677

### BLACK & MINORITY ETHNIC.

The Muslim Women's Helpline 0800 032 7587

### CHILDREN & YOUNG PEOPLE-

Childline 0800 1111  
NSPCC Child Protection Helpline 0808 800  
5000/0800 056 0566  
Mosac Helpline: 0800 980 1958

### DISABILITY

DIAL UK (Disability information and Advice  
Line) (01302) 310123  
Contact a Family freephone 0808 808 3555

### DRUGS

National Drugs Helpline 0800 77 66 00

### EMOTIONAL SUPPORT

Relate 0845 130 40 10  
Samaritans 08457 90 90 90/08457 90 91 92

### FAMILY & PARENTS

Parent line plus 0808 800 2222  
Gingerbread for Lone Parents 0800 018 4318

### HEALTH

NHS Direct 0845 46 47

### HOUSING

Shelter-line 0808 800 4444

### MISSING PERSONS

Message Home 0800 700740  
National Missing Persons Helpline 0500 700700  
The Salvation Army (020) 7367 4747

### MONEY & DEBT

Consumer Credit Counselling Service 0800 138  
1111  
National Debtline 0808 808 4000

OLDER PEOPLE Age Concern Information Line  
0800 00 99 66 Elder Abuse Response 0808 808  
8141 Seniorline 0808 800 6565/0800 26 96 26

### SEXUALITY

London Lesbian and Gay Switchboard (020) 7837  
7324 Sexwise 0800 28 29 30

### VIOLENCE & CRIME

Refuge Domestic Violence Helpline 0870 599  
5443  
Victim Supportline 0845 30 30 900/(7896 3776  
Women's Aid Domestic Violence Helpline 08457  
023 468



## Participation, Provision, Positive Change

Waterloo Community Development Group

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